

March 26, 2020

Mandatory Self-Isolation

Effective immediately, the Government of Canada has put in place emergency measures that require **mandatory 14-day self-isolation** for all persons entering Canada even if they do not have COVID-19 symptoms.

Upon entering Canada, anyone with a cough, fever or difficulty breathing must go immediately to an appropriate place of isolation using private transportation only such as a personal vehicle.

In the event a person with symptoms does not have an appropriate place to self-isolate for 14 days, they are required to isolate for 14 days in a facility designated by the Chief Public Health Officer.

Travellers that do not have symptoms, **are required** to self-isolate for 14 days and monitor their health for cough, fever or difficulty breathing.

Exemptions

The continued global movement of goods and people and the ongoing delivery of essential services will be important for Canada's response to COVID-19. Consequently, an exemption to the Order to self-isolate for 14 days should be provided to workers who are essential to the movement of goods and people. For example, this exemption would apply to:

- **healthy workers** in the trade and transportation sector who are important for the movement of goods and people across the border, such as truck drivers and crew on any plane, train or marine vessel crossing the border
- healthy people who have to cross the border to go to work, including health care providers and critical infrastructure workers

Workers in these sectors should:

- practise social distancing (maintain a distance of 2 metres from others) and closely self-monitor
- Self-isolate and contact their local public health authority should they exhibit any symptoms

It is recommended that employers in these sectors conduct active daily monitoring of their staff for COVID-19 symptoms (checking for cough, fever or shortness of breath).

Please manage accordingly within your respective organizations.

Anthony